

防蚊措施

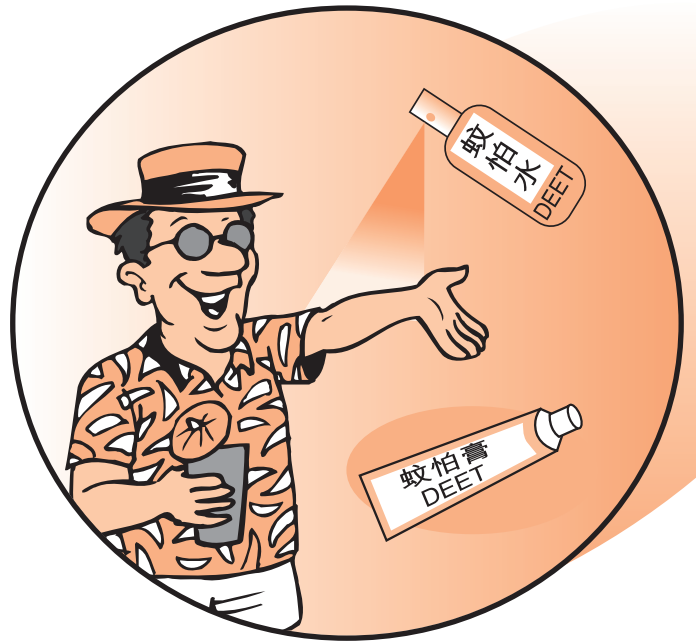


Anti-Mosquito Measures

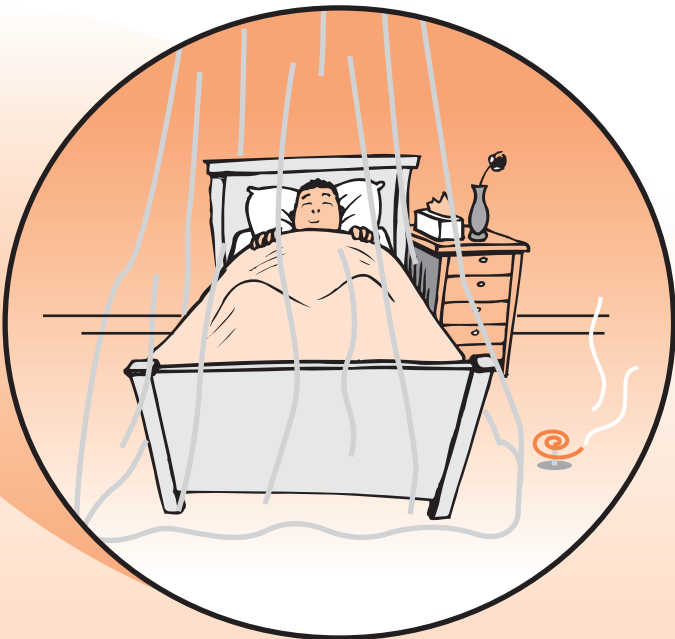


蚊子是晚上的吸血鬼，但傳播登革熱的白紋伊蚊日間也會出動。減少在蚊子活躍時外出，或穿上淺色長袖衫褲。

Mosquitoes are night-time vampires except for Aedes, the dengue vector, which bites in daytime. Avoid going out when mosquitoes are active or wear light-coloured long-sleeved shirt and long pants.



在外露的皮膚塗上含DEET的蚊怕水或蚊怕膏。
Apply insect repellent spray or cream which contains DEET over exposed parts.



在有蚊隔、蚊帳或冷氣地方作息。
Rest in room with screens, mosquito nets, or air-conditioning.



回港後兩個月內發熱，要懷疑染上瘧疾，應盡快見醫生及告訴醫生你的旅遊史。

Suspect malaria if you have fever within two months after your journey. Seek medical advice immediately and tell your travel history.



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